



Alexander's *Aesthetics*
total accessories for the professional aesthetician

AGE DEFYING FACIAL

WITH SKIN SCRIPT'S PASSIONFRUIT ENZYME

- ➔ **Consultation and Analysis:** Start with a proper skin care consultation help you determine what skin care regimen is needed. Begin to examine client's skin under lamp
- ➔ **Double Cleanse:** Gently remove all makeup with first cleanse with **Hale & Hush Quiet Wash** and second cleanse with **Skin Script Glycolic Cleanser** to soften skin and encourage exfoliation and cellular renewal.
- Apply **Hale & Hush Quiet Wash** in gentle circular motion. Remove with damp 4×4 Intrinsic Cotton Wipes or damp sponges.
 - Second cleanse with **Skin Script Glycolic Cleanser** - leave the cleanser on the skin for 30 – 45 seconds for best results.
 - Remove completely with water.
The Glycolic Cleanser is not designed to be a primary cleanser or a makeup remover and should not be used over the eyes.
- ➔ **Exfoliate:** Apply a generous layer of **Skin Script Passionfruit Enzyme** and massage into the skin for one minute.
- Apply steam and leave on skin 7-10 minutes.
 - Remove with a warm towel or with cool aesthetic wipes.
 - It is normal for the skin to appear red and warm for several hours
- ➔ **Extractions:** If needed. Limit extractions to about five minutes
- ➔ **Mask:** Open **Martinni Beauty 24-Karat Gold Collagen Mask** foil pack and empty the contents of the mask into a bowl. Apply with a fan brush on to the face and massage in.
- Remove the two sections of the collagen face mask. Unfold and lay. Leave on for 15–20 minutes
 - For extra pampering take the time to massage the neck and shoulders with **Ambrosia's Chamomile Massage Lotion**.
 - Remove mask and massage in the remaining serum from mask into face. Do not rinse or cleanse the face after use.
- ➔ **Finishing Steps:**
- Tone with **Skin Script Cucumber Toner**.
 - Apply **Skin Script Ageless Hydrating Serum**.
Optional – you can penetrate with Skin Scrubber, Ultrasonic Machine or Microcurrent. Depending on the skin type, you can do a light, relaxing facial massage.
 - Moisturize with **Hale & Hush Hydrate Gel**.
 - Apply **Hale & Hush Broad-Spectrum SPF 30** sun protection – *Optional – apply **BiON Tinted Mineral SPF35** for a sheer and natural coverage.*

At the end of the facial discuss homecare, send them off with a written, home-care regimen that has the skin care steps they need to keep their skin healthy.